

PAWS for People

Offering one-on-one animal-assisted therapy and comfort



Based in Newark, Delaware, PAWS for People is a volunteer non-profit organization that provides one-on-one animal-assisted therapy and comfort for children and adults with physical, social, and emotional challenges. PAWS therapy pets are gentle, trained and certified to interact with people in need of all ages. Currently, more than 350 PAWS therapy teams visit 130-plus facilities in Delaware, Pennsylvania, New Jersey and Maryland. Visitation sites include hospices; assisted living facilities; Alzheimer's units; chemotherapy treatment rooms; physical and occupational rehabilitation; and drug and alcohol treatment centers. PAWS also has a "special request" program whereby individuals can request a personalized visit with a PAWS therapy team.

PAWS has developed a range of specialized programming in order to best serve varying populations. Here are some examples: The PS (Psychiatric Support) PAWS program trains therapy teams to work with individuals in mental health facilities - helping to increase motivation, lessen anxiety and ultimately give the patient hope for the future. The PAWS Courthouse Canines

Get Involved with ...

PAWS for People

pawsforpeople.org
(302) 351-5622

program was created to provide pet therapy teams to assist children who are going through the court process. The PAWS by Special Request program enables individuals to request a personalized visit with a PAWS therapy team.

In addition, PAWS for Reading teams provide reading sessions in schools and libraries to help children enjoy reading while improving their literacy skills with the comfort and encouragement of an affectionate cat or dog. And, the PAWS Autism Initiative & Pre-K PAWS programs help assist pre-readers and children on the Asperger's and Autism spectrum. For more information about PAWS for People or to become a therapy team, please visit PAWSforPeople.org or call (302) 351-5622.

HUNGER — Continued from page 7

- **Help a family in your neighborhood:** Share a meal with a neighbor. A simple dinner party, or even packing an extra lunch for your child to take to school, can go a long way.
- **Partner with local organizations:** Tap local community organizations to find opportunities to coordinate an event or volunteer your time.
- **Coordinate with your local food bank:** Get in touch with a local food bank in your area to help collect donations or even or host your own local food drive.

- **Host a virtual food drive:** Unable to get out of the house? You can create your very own personal food drive online to share with friends, family and colleagues for contributions.

- **Donate:** Consider donating to a child hunger relief organization.

- **Lend your voice:** Inspire others by revealing why you're helping to end child hunger on social media using, "I #ShareAMeal because..."

Go to ProjectSunlight.us to watch the documentary and learn even more ways to get involved.